Dear << Test First Name >>,

This year has been devastating for healthcare workers, and many of us don't feel like our old selves as we attempt to move forward. Now more than ever, it's important that we take care of each other and ourselves.



That's why the <u>Emotional PPE Project</u> was created -- to address the need for emotional support of healthcare workers affected by the COVID-19 crisis. The organization has been featured on <u>The</u> <u>Today Show</u>, <u>NPR's All Things</u> <u>Considered</u>, and in <u>JAMA</u>. The Emotional PPE Project is a grassroots nonprofit collective of volunteer health

professionals dedicated to providing free, confidential, and professional emotional support to healthcare workers in their time of need.

At <u>EmotionalPPE.org</u>, any worker in a healthcare-related position (for example: skilled nursing facility or assisted living

community staff) can make direct contact with any of the 500+ volunteer therapists in the directory and receive emotional support.

Confidential. No cost. No insurance. The Emotional PPE Project. We've Got You.

Access the directory today or share the website with a colleague who may need support.

Learn more today at EmotionalPPE.org